

## BREAKFAST

7AM - 11AM

### BREAKFAST YOUR WAY 34

includes selection of: eggs your way, chicken or pork sausage, bacon, potatoes, toast, artisan pastries, served with orange juice and coffee

### SMOKED SALMON BENEDICT 25

poached eggs, english muffin, hollandaise sauce

### AVOCADO TOAST VGN, GF 19

cashew cheese, local sprouts, tomatoes

### CHOCOLATE BANANA BREAKFAST 18

quinoa, almond milk, honey, cocoa powder

### CREATE YOUR OMELET 21

*smoked salmon +5*

choose three toppings: onions, bell peppers, mushrooms, tomatoes, spinach, mozzarella, cheddar cheese, kale, brussel sprouts, ham

### GREEN EGGS & HAM 20

poached eggs, organic kale, brussel sprouts, leeks, ham

### PLANTAIN PANCAKES 18

agave syrup, fresh berries

## DINNER

6PM - 9PM

### SOUP & SALADS

#### DAILY SOUP V 15

#### GRILLED VEGETABLE PLATTER 18

assortment of seasonal vegetables, extra virgin olive oil, balsamic

#### CAESAR SALAD 18

romaine lettuce, anchovies, croutons, parmesan cheese

### PIZZA

*Gluten Free +\$4 | Dairy Free +\$4*

#### CHEESE PIZZA 25

#### PEPPERONI PIZZA 25

#### VEGETARIAN PIZZA 25

#### MUSHROOM PIZZA 28

### PASTA

*Gluten Free +\$3 | Dairy Free +\$4*

#### SPAGHETTI PARMIGIANO CHEESE 25

#### RIGATONI BOLOGNESE 25

#### RICOTTA SPINACH RAVIOLI 28

### SANDWICHES

*served with french fries or add truffle parmesan fries +\$4*

#### CHICKEN WRAP 20

romaine lettuce, chicken, caesar dressing

#### TURKEY SANDWICH 22

artisan cheese, chipotle aioli, sauteed onion, lettuce, tomatoes

#### THE STRAND CHEESEBURGER 25

romaine lettuce, tomatoes, american cheese, pickles

### ENTREES

#### CHICKEN 25

mashed potatoes sauteed spinach, au jus

#### HANGER STEAK 32

french fries, chimichurri sauce

#### SALMON 38

quinoa, grilled seasonal vegetables

### HOW TO ORDER:

Orders can be delivered straight to your door or can also be picked up. Deliveries will be subject to a \$5 delivery fee in addition to an 18% gratuity fee.

Place your order for delivery or pick up by dialing "0" from your hotel apartment phone.

V = VEGETARIAN VGN = VEGAN GF = GLUTEN FREE

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Please let your server know if anyone in your party has food allergies. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.